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(Current as of October 4, 2022)

EDUCATION

2011-2017	University of Calgary, AB Supervisor: Dr. Tavis S. Campbell Dissertation: <i>Towards the rapid assessment of pain expression: The Index of Facial Pain Expression (IFPE)</i>	Ph.D. Clinical Psychology
2008-2011	University of Northern British Columbia, BC Supervisor: Dr. Kenneth M. Prkachin Thesis: <i>Respiratory sinus arrhythmia during episodes of relived sadness: The role of emotional intelligence and affect intensity</i>	M.Sc. Experimental Psychology
2003-2008	University of Northern British Columbia, BC Supervisor: Dr. Kyle M. Matsuba Thesis: <i>The HEW study: The study of Health, Emotions and Well-being</i>	B.Sc. (Honours) Psychology

APPOINTMENTS

2017-Present	Assistant Professor, Department of Psychology, Memorial University of Newfoundland
2020-Present	Senior Research Fellow, Centre for Health Policy and Inequities Research (CHPIR), Duke University

PROFESSIONAL CREDENTIALS

2017-Present	Licensed Psychologist, Newfoundland and Labrador Psychology Board (Registration# 608).
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RESEARCH GRANTS

- Canadian Institutes of Health Research (CIHR): *Team Grant – Transitions in Care – Phase 2*. Navigation to enhance post-secondary students' acute mental health care transitions. Principal applicants: K. Cleverley, M. Daly, Levinson, A. & Stergiopoulos. Co-applicants: Barbic, S., Bartha, C., Cornish, P., Davies, J., Dimitropoulos, G., Ewig, L., Freeland, A., Gagarin, R., Halladay, J., Hamza, C., Henderson, J., Lam, J., Ma, C., Munn, C., **Rash, J. A.**, Szatmari, P., Uliaszek, A., & de Oliveira, C. 2022-2026. \$906,394. (App# 479043).
- Canadian Institutes of Health Research (CIHR): *Project Grant – Spring 2022*. Optimizing pandemic preparedness through ongoing assessment of public attitudes, intentions and behaviours in relation to COVID-19 prevention measures and their impacts: Extending the iCARE Study. Principal applicants: K. Lavoie and S. Bacon. Co-Investigators: Aaron, S., Barnett, T., Bondy, S., Booij, L., Bourbeau, J., Belanger-Gravel, M., Campbell, T., Carlson, L., Corace, K., Drouin, D., Fleet, D., Garber, G., Gauvin, D., Gordon, J., Gosselin-Boucher, V., Gupta, S., Herba, C., Kakinami, L., Pelaez, S., Pilote, L., Poirier, P., Presseau, J., Puterman, E., **Rash, J. A.**, Stewart, S., Stojanovic, J. & Vallis, M. 2022-2025. \$952,426. (App# 479128).
- Canadian Institutes of Health Research (CIHR): *Project Grant – Spring 2022*. Evaluating a virtual stepped care portal in youth awaiting tertiary chronic pain care: An Implementation-Effectiveness Hybrid Type III study. Principal Applicants: Stinson J, Noel M, Birnie K. Investigators: Laloo C, Nishat F, Ahola Kohut S, Baerg K, Barwick M, Battaglia M, Boerner K, Campbell F, Carreiro E, Cornish P, Dick B, Dore-Bergeron M, Findlay S, Finley A, Gill J, Hudspith M, Ingelmo P, Killackey T, Lamontagne C, Mohabir V, Oberlander T, Palermo P, Pham Q, Poolacherla R, Poulin P, **Rash J. A.**, Rasic N, Soltani S, Beaudry H. Oct 2022 – Oct 2026. \$546,209
- Canadian Institutes of Health Research (CIHR): *SPOR Networks – Knowledge Mobilization and Implementation Science*. Chronic Pain Network: Moving towards knowledge mobilization and implementation science. NPA: Buckley, N. PA's: Beaudry, H. D., Birnie, K.A., Bonin, R. P., Bosma, R. L., Choinere, M., Gilron, I., Hudspith, M., Iorio, A., Latimer, M. A., Lavis, J. N., MacDermid, J. C., Noel, M. E., Poulin, P. A., Presseau, J., **Rash, J. A.**, Raymond, V., Stinson, J. N. & Sylliboy, J. R. 2022-2026. \$3,750,000.
- Health Canada – Substance Use and Addictions Program (SUAP): *Shovel-ready projects 2021*. Power Over Pain: Implementation of a digital portal that provides Canadians with rapid access to empirically-based, stepped care resources for the management of pain, mental health, and substance use across the lifespan. Principal Applicants: Poulin, P., **Rash, J. A.** Shergill, Y. & Stinson, J. 2022-2023. \$1,254,264
- The Ottawa Hospital Academic Medical Organization: *Innovation Grants Competition 2021-22*. Improving access to chronic pain care: A pilot window-of-opportunity study of the Power Over Pain portal at The Ottawa Hospital. Poulin P, James D, Shergill Y, Rice D, Cooper L, Ramsay T, Wai E, MacDermid J, **Rash J. A.**, Cornish P, Michalowski W, Andreev P, Corace K. 2022-2023. \$99,753.46

- Canadian Institutes of Health Research (CIHR) *Project Grant: Fall 2021*. Evaluating a virtual stepped care portal in youth awaiting tertiary chronic pain care: An Implementation-Effectiveness Hybrid Type III study. Principal Applicants: J. Stinson, M. Noel & K. Birnie. Investigators: Laloo C, Nishat F, Ahola Kohut S, Baerg K, Barwick M, Battaglia M, Campbell F, Cornish P, Dick B, Dore-Bergeron M, Findlay S, Finley A, Gill J, Ingelmo P, Killackey T, Lamontagne C, Oberlander T, Palermo P, Poolacherla R, Poulin P, **Rash J. A.**, Rasic N, Soltani S. Collaborators: Chupick-Hall K, Harbour K, Kemp H, Oprea A, Rehmanji Y, Surrey L. 2022-2024 (bridge funding). \$411,188 (App # 470813)
- Canadian Institutes of Health Research (CIHR) *Operating Grant: Understanding and mitigating the impacts of COVID-19 on children, youth & families*. Power over Pain Portal: A stepped-care virtual solution to deliver early intervention to Canadian youth with chronic pain. Principal Applicants: J. Stinson, M. Noel & K. Birnie. Investigators: Laloo C, Ali S, Baerg K, Barwick M, Battaglia M, Campbell F, Cornish P, Killackey T, Oberlander T, Poulin P, **Rash J. A.**, Soltani S, Wedster F, Gill J, Nakiganga S, Backlin G, Kan W, Taylor 2021-2022. \$149,000 (App # 468569).
- Canadian Institutes of Health Research (CIHR) *Operating Grant*. Developing and evaluating an online intervention to improve the uptake and maintenance of protective behaviours against COVID-19 among young adults in Canada. Principal Applicant: T. S. Campbell. Co-Investigators: Campbell, D., Corace, K., Coroiu, A., Lavoie, K., Lutes, L., Moran, C. Pesseau, J., **Rash, J. A.** Saunder, C. & Williamson, T. 2021-2023. \$271,575.
- Canadian Institutes of Health Research (CIHR) *Operating Grant*. The association between COVID-19-related attitudes, concerns and behaviours in relation to public health policies: A behavioural science approach to optimising policy strategies to improve health, economic and quality of life outcomes (the iCARE Study). Principal applicants: K. Lavoie and S. Bacon. Co-Investigators: Aaron, S., Barnett, T., Bondy, S., Booij, L., Bourbeau, J., Belanger-Gravel, M., Campbell, T., Carlson, L., Corace, K., Drouin, D., Fleet, D., Garber, G., Gauvin, D., Gordon, J., Gosselin-Boucher, V., Gupta, S., Herba, C., Kakinami, L., Pelaez, S., Pilote, L., Poirier, P., Pesseau, J., Puterman, E., **Rash, J. A.**, Stewart, S., Stojanovic, J. & Vallis, M. 2021-2023. \$638,775. (App# 452999).
- Duke University Endowment Fund. Evaluation of stress inoculation and intervention programs for United Methodist clergy in North Carolina. Principal Applicant: **Rash, J. A.** 2021-2023. \$30,000 USD.
- Canadian Institutes of Health Research (CIHR) *Operating Grant: COVID-19 Mental Health & Substance Use Service Needs and Delivery*. A behavioural science approach to evaluate the prevalence and predictors of COVID-19-related mental health issues and maladaptive behavioural coping (MBC) to inform the development of strategies for tailored interventions. Principal applicants: S. Bacon & K. Lavoie. Co-Investigators: Corace, K., Garber, G., Campbell, T. S., Carlson, L., Gordon, J., Gosselin-Boucher, V., Kakinami, L., Pesseau, J., **Rash, J. A.**, Puterman, E., Stewart, S., Stojanovic, J., Vallis, M. 2020-2021. \$200,000 (App # 450315).
- Canadian Institutes of Health Research (CIHR) *Operating Grant: COVID-19 Mental Health and Substance Use Service Needs Delivery*. Stepped care solutions to reduce the impact of the

COVID-19 pandemic on pain, mental health, and substance use in youth living with chronic pain and their families: A pan-Canadian study. Principal Applicants: J. Stinson, M. Noel. Investigators: Birnie K, Choniere M, Poulin P, Lalloo C, Campbell F, Finley A, Lamontagne C, Ali S, Nicholas D, Oberlander T, Dick B, Rasic V, Baerg K, Findlay S, Baerveldt A, Poolacheria R, Doré M, Ingelmon P, Pagé G, Swidrovich J, Montgomery L, Mesaroli G, Killackey T, Kelly L, Smith A, Szatmari P, Battaglia M, Kopala Sibley D, Béleanger R, **Rash, J. A.**, Victor C, Singh M, Mohabir V, Marianayagam J, Jordan I, Benayon M, Taylor A. 2020-2021. \$200,000 (App # 448565).

Canadian Institutes of Health Research (CIHR) *Catalyst Grant – Patient Oriented Research*. “Actively waiting for interdisciplinary chronic pain care: A multi-site feasibility study investigating clinical support and the cost effectiveness of an internet-delivered psychotherapy treatment for individuals on wait-lists for chronic pain clinics. Principal Applicant: Wilson RA Co-Investigators: Bosma R, Cachia W, Bisson E, Cooper L, Salomons T, Poulin P, di Renna T, Galica J, **Rash J A**, Liddy C, MacLeod B, Lyon A. 2020-2021. \$97,640 (APP #424878).

Canadian Institutes of Health Research (CIHR) *Catalyst Grant – Patient Oriented Research*. “Seamless Transitions for Adolescent Trajectories In Care (STATIC).” Principal Applicant: L. Wozney. Co-Investigators: J. Curran, A. Miller, D. Philips. Collaborators: **J. A. Rash**. 2020-2021. \$99,445.

Canadian Institutes of Health Research (CIHR) *Project Grant*. “Evaluating the efficacy of intranasal oxytocin on pain and function among individuals who experience chronic pain: A multi-site, placebo-controlled, blinded, sequential, within-subjects crossover trial.” Principal Applicant: **J. A. Rash**. Co-PI: T. S. Campbell. Co-Investigators: L. Cooper, D. Flusk, A. MacInnes, M. Nasr-Esfahani, P. Poulin, M. Robert, Y. Yi. 2020-2024. \$696,152.

Canadian Institutes of Health Research (CIHR) *Team Grant – Transitions in Care*. “Digitizing stepped mental healthcare: A pragmatic trial.” Principal Applicant: **J. A. Rash**, Co-PI: P. Cornish. 2019-2023. \$960,000 (\$4,158,875 including support from governments of NL and NS).

Memorial University of Newfoundland (MUN) *Seed, Bridge and Multidisciplinary*. “Evaluating the efficacy of internet-based therapies to treat depression among patients with chronic pain: A feasibility patient-preference trial. Principal Investigator: **J. A. Rash**. Co-I: L. Bell. 2019-2021. \$10,000.

Canadian Institutes of Health Research (CIHR) *Operating Grant: Evaluation of Interventions to Address the Opioid Crisis*. “Evaluation of project ECHO chronic pain opioid stewardship in Ontario: Impact on primary care practitioners’ self-efficacy, knowledge, and prescribing behaviours” Principal Investigator: Poulin, P. A. Co-Investigators: Arora, S., Bromley, L., Cronin, S., Diaz, S., Corace, K., Furlan, A., Gonzales-vanHorn, S., Larocque, T., Page, G., **Rash, J. A.**, Rice, D., Salisbury, G., Susan, S., Zhao, T. 2019-2020. \$100,000.

Canadian Institutes of Health Research (CIHR) *Operating Grant: Project Grant*. “A randomized controlled trial of cognitive behaviour therapy for insomnia and perceived cognitive impairment in cancer survivors” Principal Investigator: S. N. Garland. Co-Investigators: V. Gadag, **J. A. Rash**, J. Savard, M. Seal, J. Thoms. 2019-2023. \$493,424.

- Calgary Centre for Clinical Research (CCRF). “The BE-EMPOWERED study: Bariatric Outcome Enhancement – Evaluating a Mindfulness-Based Program for Optimizing Weight-loss and Reducing Eating Disorder Symptoms.” Principal Investigator: T.S. Campbell. Co-Investigators: **J. A. Rash**, J. A. Telfer, T. Williamson. 2019-2020. \$25,000.
- Memorial University of Newfoundland (MUN) *Dean of Science Start-up Grant* (Year 2018-2021). Principal Investigator: **J. A. Rash**. \$37,000.
- Northern Ontario Academic Medicine Association (NOAMA) *Clinical Innovation Opportunities Fund*. “Improving evidence-based chronic pain care and opioid stewardship in Northern Ontario: An evaluation of health provider behaviour changes following participation in project Extension for Community Health Outcomes (ECHO). Principal Investigators: B. MacLeod & P. A. Poulin. Co-Investigators: B. Glynn, T. Larocque, **J. A. Rash** & C. Smyth, 2018-2019. \$49,990.
- Canadian Institutes of Health Research (CIHR) *Operating Grant: Opioid Crisis Knowledge Synthesis*. “Healthcare provider knowledge, attitudes, beliefs and practices surrounding the prescription of opioids for chronic non-cancer pain: A systematic review and synthesis with a focus on clinical inertia.” Principal Investigator: **J. A. Rash**. Co-Investigators: T. S. Campbell, K. Corace, D. Flusk, P. Poulin. Study Advisory Committee: N. Buckley, J. Busse, L. Cooper, A. Iorio, K. Lavoie, B. Sauvé. 2018-2019. \$107,556.
- University of Calgary Clinical Research Fund (CRF). "Evaluating the efficacy of intranasal oxytocin among women with persistent pelvic pain." Principal Investigator: T.S. Campbell. Co-Investigators: **J. A. Rash**, M. Robert, M. Nasr-Esfahani, K. Toivonen, J. Jarrell. 2016, \$9,933.
- Canadian Institutes of Health Research (CIHR) Project Scheme. "A motivational intervention to improve adherence to aromatase inhibitors in breast cancer survivors." T.S. Campbell (PI). Co-Investigators: **J. A. Rash**, L. Carlson, S. Lupichuk, R. Tsang. 2016-2017, \$97,500
- University of Calgary University Research Grants Committee (URGC) Seed Grant. “A motivational intervention to improve adherence to statins”. T. S. Campbell (PI), **J. A. Rash** (Co-I). 2014, \$14,774.
- The Canadian Pain Society (CPS) Trainee Research Award. “Oxytocin facilitates analgesia for acute pain in humans”. **J. A. Rash** (PI), Co-Investigator T. S. Campbell. 2012, \$5,000
- Center for Enhanced Teaching and Learning - University of New Brunswick. "The perceived and real impact of test anxiety at UNB." T. G. Gerwing (PI), **J. A. Rash** (Co-I). 2011-2012, \$3,500
- UNBC Health Research Project Award. “Respiratory sinus arrhythmia during emotional provocation: Is emotional intelligence a mediating influence”. **J. A. Rash** (PI), K. M. Prkachin (Co-I). 2010, \$2,500
- UNBC Health Research Project Award. “The HEW study: Health, emotions and well-being”. **J. A. Rash** (PI), K. M. Matsuba (Co-I). 2008, \$3,500

FEDERAL FUNDING

Health Canada. “Response for a virtual network of psycho-social information services solution for Health Canada in response to COVID-19” Partners: Stepped Care Solutions; Kids Help Phone, and Homewood Health. Online portal “*Wellness Together Canada*” available at (<https://ca.portal.gs/>) 2020-2021, \$75,000,000 CAD

FUNDS REQUESTED

Title of proposal: *Behaviour change as medicine: Integrating evidence-based health behaviour change strategies into mainstream medicine for enhanced prevention and treatment of multimorbid chronic disease*

Role: Co-Principal Applicant

Nominated Principal Applicant: Simon Bacon

Support Period: 2021-2027

Purpose: Training Grant: Health Research Training Platform

Amount: \$2,400,000

Funding source: Canadian Institutes of Health Research (CIHR)

AWARDS AND DISTINCTIONS

2022 Distinguished Emerging Scholar Award Dean of Science, Memorial University of Newfoundland, NL	2022
2021 President’s Award for Outstanding Research Memorial University of Newfoundland, St. John’s, NL	2022
2021 ROCKStar Graduate Supervisor Award School of Graduate Studies, Memorial University, St. John’s, NL	2022
President’s New Researcher Award Canadian Psychological Association, Ottawa, ON	2021
University of Calgary Graduate Student Research Achievement Award University of Calgary, Calgary, AB	2016
Honorary Izaak Walton Killam Memorial Scholarship (\$6,000) Killam Trust, Halifax, NS	May 2014 - Apr 2016
Doctoral Research Award (\$105,000) Canadian Institutes for Health Research, Ottawa, ON	May 2013 - Apr 2016
Graduate Studentship Award (Research Incentive) (\$36,000) Alberta Innovates-Health Solutions, Edmonton, AB	Jul 2013 - Jun 2016
Mental health in the workplace award	2014

Spectra Energy, Prince George, BC

University of Calgary Graduate Student Research Achievement Award 2013

University of Calgary, Calgary, AB

Graduate Studentship Award (\$32,000) Jul 2012 - Jun 2013
Alberta Innovates-Health Solutions, Edmonton, AB

Eyes High Leadership Award (\$4,000) 2012
University of Calgary, Calgary, AB

Open Doctoral Scholarship (\$15,000) 2012
University of Calgary, Calgary, AB

Queen Elizabeth II Award (\$5,000) 2011
University of Calgary, Calgary, AB

Faculty Research Travel Award (\$2,300) 2011
University of Northern British Columbia, Prince George, BC

Graduate Student Research Travel Award (\$1,000) 2010
University of Northern British Columbia, Prince George, BC

Graduate Student Research Travel Award (\$1,000) 2009
University of Northern British Columbia, Prince George, BC

Graduate Entrance Scholarship (\$20,000) 2008-2009
University of Northern British Columbia, Prince George, BC

Certificate of Academic Excellence - Honours Thesis 2008
Canadian Psychological Association, Ottawa, ON

Student Research Travel Award (\$750) 2006
University of Northern British Columbia, Prince George, BC

REFEREED MANUSCRIPTS

1. Ross, K., Hoggan, R., Campbell, T., Gordon, J., Gosselin Boucher, V., Kim, E., Lavoie, K., Linden, W., **Rash, J. A.**, Rouleau, C., Stewart, S. & Pesseau, J. (2022) An environmental scan of Health Psychology researchers in Canada. *Journal of Health Psychology*. Advanced Online Publication.
2. Shergill, Y., Rice, D., Khoo, E-L., Jarvis, V., Zhang, T., Taljaard, M., Monterio, L., Wilson, K., Romanow, H., Glynn, B., Tennant, E., Small, R., Smith, A., **Rash, J. A.**, Smyth, C. & Poulin, P. A. (2022) Mindfulness-based stress reduction in breast cancer survivors with chronic neuropathic pain: A randomized controlled trial. *Journal of Pain and Symptom Management*, Article ID 4020550. doi.10.1155/2022/4020550.

3. Bell, L. V., Hogan, E. A., Fitzgerald, S. F., Saunders, E., Allen Gerwing, A. M. & **Rash, J. A.** (2022) Barriers and facilitators of healthcare provider uptake of clinical practice guideline recommendations for the management of common mental health concerns: A qualitative evidence synthesis. *Canadian Psychology*, 63(2), 179-202. doi.10.1037/cap0000315
4. Squires, L. R., **Rash, J. A.**, Fawcett, J. & Garland, S. N. (2022). Systematic Review and Meta-Analysis of Cognitive-Behavioural Therapy for Insomnia on Subjective and Actigraphy-Measured Sleep and Comorbid Symptoms in Cancer Survivors. *Sleep Medicine Reviews*. Advanced Online Publication. doi. 10.1016/j.smr.2022.101615.
5. Vallis, M., Bacon, S., Corace, K., Joyal-Desmarais, K., Sheinfeld Gorin, S., Paduano, S., Presseau, J., **Rash, J. A.**, Mengitsu Yohannes, A. & Lavoie, K. (2022). Ending the pandemic: How behavioural sciences can help optimize global COVID-19 vaccine uptake. *Vaccines*, 10(1), 7. doi.10.3390/vaccines10010007
6. Shergill, Y., Poulin, P. A., Rice, D., **Rash, J. A.**, Hebert, G., Tennant, E., Khoo, E., Romanow, H., Singer, L., Jarvis, V., Nathan, H., Smyth, C. (2022). An Interdisciplinary Program for Familiar Faces with Chronic Pain Visiting the Emergency Department – Randomized Controlled Trial. *Journal of the American College of Emergency Physicians (JACEP) Open*, 3, e12628. doi. <http://dx.doi.org/10.1002/emp2.12628>
7. Tice, L. C., Eagle, D. E., **Rash, J. A.**, Larkins, J. S., Labrecque, S. M., Platt, A., Yao, J. & Proeschold-Bell, R. J. (2021). The Selah study protocol of three interventions to manage stress among clergy: a preference-based randomized waitlist-control trial. *Trials*. 22:892. doi.10.1186/s13063-021-05845-x.
8. Aguirre-Camacho, A., **Rash, J. A.**, Hidalgo, B., Wurz, A. J. & Garland, S. N. (2021). Revisiting the link between media attention and breast cancer concern: An experimental study on the role of cognitive fusion and experiential avoidance. *Women & Health*. Advanced Online Publication. doi.org/10.1080/03630242.2021.2002999
9. Wilkins, L. K., Fawcett, J., **Rash, J. A.** & Harris, N. (2021) Evaluation of the Substance Use Risk Profile Scale (SURPS) in a Recreational Video Game Playing Population. *International Journal of Mental Health and Addiction*. Advanced Online Publication. doi. 10.1007/s11469-021-00633-9.
10. **Rash, J. A.**, Campbell, T. S., Cooper, L. K., Flusk, D., MacInnes, A., Nasr-Esfahani, M., Mekhael, A. A., Poulin, P. A., Robert, M. & Yi, Y. (2021). Evaluating the efficacy of intranasal oxytocin on pain and function among individuals who experience chronic pain: Protocol for a multisite, placebo-controlled, blinded, sequential, within-subjects crossover trial. *BMJ Open*, 11: e055039. doi:10.1136/bmjopen-2021-055039.
11. Toivonen, K., Carlson, L. E., **Rash, J. A.** & Campbell, T. S. (2021). A survey of potentially modifiable patient-level factors associated with self-report and objectively measured adherence to adjuvant endocrine therapies after breast cancer. *Patient Preference & Adherence*, 15: 2039-2050. doi.10.2147/PPA.S319087
12. Tulk, J., **Rash, J. A.**, Thoms, J., Wassersug, R., Gonzalez, B. & Garland, S. N. (2021). Androgen deprivation therapy and radiation for prostate cancer - cognitive impairment, sleep, and symptom

- change: A prospective study. *BMJ Supportive and Palliative Care*. Advanced Online Publication. doi. 10.1136/bmjspcare-2021-003098
13. Toivonen, K., Oberoi, D., King-Shier, K., Piedalue, K., **Rash, J. A.**, Carlson, L. E. & Campbell, T. S. (2021). Both “vitamin L for life” and “one milligram of Satan”: A multi-perspective qualitative exploration of adjuvant endocrine therapy use after breast cancer. *Current Oncology*, 28(4), 2496-2515. doi. 10.3390/curroncol28040227
 14. Eagle, D. E., **Rash, J. A.**, Tice, L. & Proeschold-Bell, RJ. (2021). Evaluation of a remote, internet-delivered version of the Trier Social Stress Test. *International Journal of Psychophysiology*, 165, 137-144. doi. 10.1016/j.ijpsycho.2021.03.009
 15. Garland, S. N., Savard, J., Dalton, K., Walsh, N. A., Seal, M., **Rash, J. A.**, Browne, S., Urquhart, R., Thoms, J., Gadag, V., Laing, K., (2021). Rationale and Protocol for a Randomized Waitlist Controlled Trial of Videoconference Delivered Cognitive Behavior Therapy for Insomnia (CBT-I) to improve Perceived Cognitive Impairment (PCI) among Cancer Survivors. *Contemporary Clinical Trials*, Volume 103, Article 106322. doi. 10.1016/j.cct.2021.106322
 16. Gerwing, T. G., Gerwing, A. M., Avery-Gomm, S., Choi, C-Y, Clements, J. C. & **Rash, J. A.** (2021). Re-evaluation of solutions to the problem of unprofessionalism in peer review. *Research Integrity and Peer Review*, 6:4. doi. 10.1186/s41073-020-00107-x
 17. Rodriguez, N., Fawcett, J. M., **Rash, J. A.**, Lester, R., Powell, E., MacMillan, C. D. & Garland, S. N. (2021) Factors associated with cognitive impairment during the first year for treatment of non-metastatic breast cancer. *Cancer Medicine*, 10(4) 1191-1200. doi.10.1002/cam4.3715
 18. Felske, A. N., Williamson, T. M., Surrency, S. R. M., Telfer, J., Campbell, T. S. & **Rash, J. A.** (2021). The influence of weight-related self-esteem and depressed mood on shape and weight concerns and weight-loss 12-months after bariatric surgery. *Obesity Surgery*, 31(3), 1062-1072. doi. 10.1007/s11695-020-05097-9
 19. Felske, A. N., Williamson, T. M., **Rash, J. A.**, Telfer, J. A., Toivonen, K. I. & Campbell, T. S. (2020). Proof of concept for a mindfulness-informed for eating disorder symptoms, self-efficacy and emotion regulation among bariatric surgery candidates. *Behavioral Medicine*. Advanced Online Publication. doi: 10.1080/08964289.2020.1828255
 20. Flynn, M. J., Campbell, T. S., Robert, M., Nasr-Esfahani, M. & **Rash, J. A.** (2020). Intranasal oxytocin as a treatment for chronic pelvic pain: A randomized controlled feasibility study. *International Journal of Gynecology & Obstetrics*, 152(3), 425-432. doi. 10.1002/ijgo.13441
 21. Asamoah-Boaheng, M., Badejo O. A., Bell, L. V., Buckley N., Busse J. W., Campbell, T. S., Corace, K., Cooper, L. K., Flusk, D., Garcia D. A., Hossain, M. A., Iorio, A., Lavoie, K., L., Poulin P. A., Skidmore B., **Rash J. A.** (2020). Interventions to Influence Opioid Prescribing for Chronic Non-Cancer Pain: A systematic Review and meta-analysis. *American Journal of Preventive Medicine*. 60(1), e15-e26. doi. 10.1016/j.amepre.2020.07.012

22. Gerwing, T. G., Gerwing, A. M., Avery-Gomm, S., Choi, C-Y, Clements, J. C. & **Rash, J. A.** (2020). Quantifying professionalism in peer review. *Research Integrity and Peer Review*, 5, Article 9. 10.1186/s41073-020-00096-x
23. Garland, S. N., Johnson, J. A., Carlson, L. E., **Rash, J. A.**, Savard, J. & Campbell, T. S. (2020). Light therapy for insomnia symptoms in fatigued cancer survivors: A secondary analysis of a randomized controlled trial. *Journal of Psychosocial Oncology Research and Practice*, 2:3(e27). doi 10.1097/OR9.0000000000000027
24. Bell, L. V., Cornish, P., Gauthier, R., Kargus, C., **Rash, J. A.**, Robbins, R., Ward, S. & Poulin, P. A. (2020). Implementation of The Ottawa Hospital Pain Clinic stepped care program: A preliminary report. *Canadian Journal of Pain*, 4:1, 168-178. doi. 10.1080/24740527.2020.1768059
25. Bell, L. V., Cornish, P., Flusk, D., Garland, S. N. & **Rash, J. A.** (2020). The internet therapy for depression trial (INTEREST): Protocol for a patient-preference, randomized controlled feasibility trial comparing iACT, iCBT, and attention control among individuals with comorbid chronic pain and depression. *BMJ Open*. 10:e033350. doi. 10.1136/bmjopen-2019-033350
26. Hossain, M. A., Asamoah-Boaheng, M., Badejo O. A., Bell, L. V., Buckley N., Busse J. W., Campbell, T. S., Corace, K., Cooper, L. K., Flusk, D., Garcia D. A., Iorio, A., Lavoie, K., L., Poulin P. A., Skidmore B., **Rash J. A.** (2020). Prescriber adherence to guideline recommendations for opioids to manage chronic non-cancer pain: A systematic review and meta-analysis. *Health Psychology*, 39(5), 430-451. doi. 10.1037/hea0000830.
27. Shergill, Y., Smyth, C., Rice, D., Tremblay, S., Nelli, J., Small, R., Tennant, E., Herbert, G., Singer, L., **Rash, J. A.**, Poulin, P. A. (2020). Characteristics of frequent users of the emergency department with chronic pain. *Can J of Emergency Medicine*, 22(3), 350-358. doi 10.1017/cem.2019.464
28. Gerwing, T. G. & **Rash, J. A.** (2020). Constructive and collegial peer-review as a necessary precursor to data-driven environmental policy. *Marine Policy*, 111, Article 103721. doi 10.1016/j.marpol.2019.103721
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Note. Names of trainees are underlined.

NON-REFEREED MANUSCRIPTS

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3. Garcia, D. A., Asamoah-Boaheng, M. & **Rash, J. A.** (2018). Prescription opioid analgesics for chronic pain management and the opioid epidemic: Challenges and opportunities. *Psynopsis*, 40(2), 14-16.

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5. Rouleau, C., **Rash, J. A.**, & Johnson, J. (2014). Six essential lessons for graduate students in health psychology. *Canadian Psychological Association Health Section Newsletter*, 3(1), 5-6.
6. Gerwing, T. G., **Rash, J. A.**, Allen-Gerwing, A. M., Bramble, B., & Landine, J. (2013). The perceived and real impact of test anxiety at UNB. *Teaching Perspectives St. Thomas University, Fredericton, New Brunswick, Canada*, 18, 13-15.
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MANUSCRIPTS UNDER REVIEW

- Aguirre-Camacho, A., Hidalgo, B. & **Rash, J. A.** (Under Review). Exposure to (mis)information about COVID-19 vaccines moderates the relationship between individual characteristics and attitudes towards vaccine hesitancy: An experimental study. *Vaccine*. [Ref# JVAC-D-22-00360].
- Aguirre-Camacho, A., Bruvik-Forland, T. S., Hidalgo, B., Hylland, A. & **Rash, J. A.** (Under Review). Psychological reactance moderates associations between perceived risk of COVID-19, trust in government, and COVID-19 protective attitudes/behaviours: Insights from a Norwegian and Swedish sample. *Scandinavian Journal of Public Health* [Ref# SPUB-RI-2022-0164].
- Bell, L. V., Fitzgerald, S. F., Flusk, D., Poulin P. A. & **Rash J. A.** (Under Review). Healthcare provider knowledge, beliefs, and attitudes regarding opioids for chronic non-cancer pain in North America prior to the emergence of COVID-19: A systematic review. *Canadian Journal of Pain* [ref# CJP-2022-0036.R1]
- Grebowicz, A., Almeida, I., Cantave, R., MacLeod, B., Larocque, T., Garstin, D., **Rash, J. A.**, Shergill, Y. & Poulin, P. A. (Under Review). Extension for Community Healthcare Outcomes (ECHO) Chronic Pain & Opioid Stewardship in Northwestern Ontario: A thematic analysis of patient cases. *Canadian Medical Education Journal* [Ref#].
- Mekhael, A. A., Bent, J. E., Fawcett, J., Campbell, T. S., Aguirre-Camacho, A., Farrell, A. & **Rash, J. A.** (Under Review). Evaluating the Efficacy of Oxytocin for Pain Management: An Updated Systematic Review and Meta-Analysis. *Canadian Journal of Pain*. [Ref# CJP-2022-0059].
- Poulin P, Shergill Y, Grebowicz A, Almeida I, Cantave R, MacLeod B, Larocque T, Garstin D & **Rash J. A.** (Under Review). Extension for Community Healthcare Outcomes (ECHO) Chronic Pain & Opioid Stewardship in Northwestern Ontario: A thematic analysis of patient cases. 2022. *Canadian Journal of Pain*. [Ref# CJP-2022-0015].
- Proeschold-Bell, R. J., Eagle, D. E., Tice, L. C., Yao, J., **Rash, J. A.**, Choi, J., Stringfield, B., & Labrecque, S. M. (Under Review). The Selah pilot study of spiritual, mindfulness, and stress inoculation practices on stress-related outcomes: A non-randomized participant preference

control study. *Journal of Religion & Health*. [Ref# JORH-D-22-00093]. Pre-print <https://assets.researchsquare.com/files/rs-1056451/v1/b3596460-f289-44e2-b585-7a755c1ff339.pdf?c=1643388629>

- Rodriguez, R., Rash, J. A., Fawcett, J. M., McCarthy, J., Seal, M., Laing, K., & Garland S. N. (Under Review). Executive Functioning Deficits After Diagnosis in Women with Non-Metastatic Breast Cancer. *Journal of Pain and Symptom Management*. [Ref#].
- Yao, J., Steinberg, D., Turner, E. L., Cai, G. Y., Cameron, J. R., Hybels, C. F., Eagle, D. E., Milstein, G., **Rash, J. A.** & Proeschold-Bell, R. J. (Revision requested). Observing shepherds shed: trajectories of weight-related behaviors in a holistic health intervention tailored for Christian clergy. *Journal of Religion and Health* [Ref# JORH-D-21-00348]
- Yildiz, N. R., Hallett, D., Aung, N., Murphy, J., Fitzpatrick, C. & **Rash, J. A.** (Under Review). Classroom-Based Mindfulness for Math Anxiety. *Journal of Experimental Child Psychology*. [Ref#].

BOOKS, MONOGRAPHS AND CHAPTERS

- Rash, J. A.**, Prkachin, K. M., Prkachin, G. C. & Campbell, T. S. (2018). Chapter 7: Psychological factors affecting medical conditions. In D. J. A. Dozois (6th Ed.). *Abnormal Psychology: Perspectives*. Pearson Canada.
- Harder, H. G., Wagner, S. L. & **Rash, J. A.** (2014). Mental illness in the workplace: Psychological disability management. In C. Cooper & R. Burke (Series Ed.), *Psychological and Behavioural Aspects of Risk*. Gower Publishing <http://www.ashgate.com/isbn/9781409445500>
- Harder, H., **Rash, J. A.**, Holyk, T., Jovel, E. & Harder, K. (2013). Indigenous youth suicide: A systematic review of the literature (pp. 378-401). In Cutcliffe, J. R., Santos, J., Links, P. S., Zaheer, J., Harder, H. G., Campbell, F., ... & Eynan, R. (Eds.). *Routledge International Handbook of Clinical Suicide Research*. Routledge. New York: NY.

GOVERNMENT REPORTS

1. **Rash, J. A.**, Buckley, N., Busse, J. W., Campbell, T. S., Corace, K., Cooper, L., Flusk, D., Iorio, A., Lavoie, K. L., Poulin, P. A. & Skidmore, B. (2018). *Healthcare provider knowledge, attitudes, beliefs and practices surrounding the prescription of opioids for chronic non-cancer pain: Mixed-method systematic review*. Canadian Institutes of Health Research (CIHR): Opioid Crisis Knowledge Synthesis (Grant# 397972).
2. Cornish, P., Churchill, A. C., **Rash, J. A.**, Legge, N., Corcoran Jacobs, P., Fleet, L., Hair, H., Yetman, B., Herrel, M., Raimunundo, A., Watters, N., Impey, D., & Kora, G. (2019). Newfoundland and Labrador Stepped Care 2.0 e-Mental Health Demonstration Project Final Report. Mental Health Commission of Canada: Ottawa. (https://www.mentalhealthcommission.ca/sites/default/files/2019-09/emental_health_report_eng_0.pdf)

PUBLISHED ABSTRACTS

1. Tulk, J., Tran, M., Browne, S., **Rash, J. A.** & Garland, S. N. (2022). Cost and correlates of productivity loss due to insomnia comorbid with perceived cognitive impairment in cancer survivors. *Journal of Psychosocial Oncology Research and Practice*, 4:S1, Abstract 234.
2. **Rash, J. A.**, Buckley, N., Busse, J. W., Campbell, T. S., Corace, K., Cooper, L., Flusk, D., Iorio, A., Lavoie, K. L., Poulin, P. A. & Skidmore, B. (2019). Healthcare provider knowledge, attitudes, beliefs and practices surrounding the prescription of opioids for chronic non-cancer pain: Mixed-method systematic review. *The Canadian Journal of Pain*, 3(1), A174. doi. 10.1080/24740527.2019.1599266
3. Williamson, T. M., **Rash, J. A.**, Toivonen, K., Telfer, J. A., Felske, A. N. & Campbell, T. S. (2019). Protocol for the BE-EMPOWERED study: Bariatric outcome enhancement – evaluating a mindfulness-based program to optimize weight-loss and reduce eating disorder symptoms. 6th *Canadian Obesity Summit*, pg. 89.
4. Harris-Lane, L., Garland, S. N., **Rash, J. A.**, Wall, K., Kamran, A. & Thoms, J. (2019) 0829 Exploring Insomnia as a Factor Contributing to Cognitive Difficulties in Newly Diagnosed Men with Prostate Cancer, *Sleep*, 42, A332-A333
5. Garland, S. N., **Rash, J. A.**, Rodriguez, N., Collins, R., McCarthy, J., Seal, M., & Laing, K. (2019). 0828 Pre-Treatment Insomnia Symptoms and Perceived Cognitive Impairment in Newly Diagnosed Women with Early Stage Breast Cancer. *Sleep*, 42, A332.
6. Mahon, K., Garland, S. N., **Rash, J. A.**, Wall, K., Lester, R., Powell, E. & Laing, K. (2019) 0827 Prevalence And Factors Associated With Pre-treatment Insomnia Symptoms In Women With Early Stage Breast Cancer, *Sleep*, 42, A332
7. Flynn, M., Campbell, T. S., Robert, M., Nasr-Esfahani, M. & **Rash, J. A.** (2018). The effect of intranasal oxytocin on pain and function among women with chronic pelvic pain: A feasibility study. *The Canadian Journal of Pain*, 2(1), A102.
8. **Rash, J. A.** (2018). The role of vagally mediated heart rate variability in attention deficit hyperactivity disorder (ADHD): Current evidence and future directions. *Psychophysiology*, 55 (Supplement 1), S32.
9. **Rash, J. A.**, Thomas, J. C., Campbell, T. S., Letourneau, N. L. & Giesbrecht, G. F. (2016). Developmental origins of infant stress reactivity profiles: A multi-systems approach. *Psychosomatic Medicine*, 78, A116-A117.
10. **Rash, J. A.** & Campbell, T. S. (2015, March). A supportive romantic partner interaction differentially influences men and women's pain ratings to an acute painful procedure. *Psychosomatic Medicine*, 77(3), A-138.
11. **Rash, J. A.** & Campbell, T. S. (2014). Intranasal oxytocin administration lowers reports of acute pain relative to a placebo. *Psychosomatic Medicine*, 76(3), A-54.

12. **Rash, J. A.**, Sajid, U., Campbell, T. S., Letourneau, N. L. & Giesbrecht, G. F. (2014). Prenatal cortisol exposure and early infant respiratory sinus arrhythmia reactivity. *Psychosomatic Medicine*, 76(3), A-106.
13. Thomas, J. C., **Rash, J. A.**, Sajid, U., Campbell, T. S., Letourneau, N. L. & Giesbrecht, G. F. (2014). Maternal prenatal psychological distress and early infant respiratory sinus arrhythmia reactivity at rest and during stress. *Psychosomatic Medicine*, 76(3), A-30-31.
14. **Rash, J. A.**, Prkachin, K. M. & Campbell, T. S. (2013). When you are anxious, pain is taken more seriously. *Psychosomatic Medicine*, 75(3), A-132.
15. **Rash, J. A.** & Campbell, T. S. (2012). P206 – Trainee research grant recipient – 2012 (BASIC) Oxytocin facilitates analgesia for acute pain in humans. *Pain Research & Management*, 17, 231-232.
16. **Rash, J. A.** & Prkachin, K. M. (2011). Respiratory sinus arrhythmia during episodes of relived sadness: The role of emotional intelligence and affect intensity. *Psychosomatic Medicine*, 73(3), A-67
17. Siakaluk, P. D., Owen, W. J., & **Rash, J. A.** (2008). The body object-interaction effect: Does response modality play an effect. *Canadian Journal of Experimental Psychology*, 62(4), 318.
18. Wellsby, M., Selzler, A., **Rash, J. A.**, Locheed, K., Siakaluk, P. & Owen, J. W. (2008). Is the body-object interaction effect attributable to the type of motor response. *Canadian Journal of Experimental Psychology*, 62(4), 299-300.
19. Locheed, K., Wilson, K., **Rash, J. A.**, Siakaluk, P., Owen, W., Pexman, P. & Sears, C. (2007). The influence of sensorymotor information on semantic feedback and semantic processing. *Canadian Journal of Experimental Psychology*, 61(4), 354.
20. **Rash, J. A.**, Owen, W., Siakaluk, P., Borowsky, R. (2007). Contextual influence on addressed and assembled phonological access. *Canadian Journal of Experimental Psychology*, 61(4), 357.

INVITED PRESENTATIONS

1. Government of New Brunswick, adult one-at-a-time therapy implementation project completion celebration, April 29, 2022: *Research on one-at-a-time therapy in New Brunswick: Implementation results and future directions*
2. International Covid-19 Awareness and Response Evaluation (iCARE) Study International Symposium, December 2021: *Addressing hesitancy to the COVID-19 vaccines: Applying frameworks from the behavioural sciences to progress from an understanding of vaccine hesitancy to personalized interventions*
3. York University Health Psychology Graduate Diploma Seminar Series, October 2021: *Application of behavioural sciences to facilitate health behaviour change.*

4. Canadian Psychological Association, Virtual Conference, June 2021: *The path to becoming a CPA President's New Researcher Award Recipient*
5. Atlantic Mentorship Network – Pain & Addictions, St. John's, NL, September 2020: *Psychological approaches for the management of chronic pain in adults.*
6. Eastern Health, St. John's, NL, February 2020: *Principles of chronic pain management: Pragmatic approaches to incorporate chronic pain management within clinical practice.*
7. Duke University Global Health Institute Durham, NC, August 2019: *From ideas to efficacy: Best practices in clinical trial design.*
8. Memorial University, Department of Psychology “Psychology and Health seminar,” St. John's, NL, March 2019: *The development and implementation of novel interventions to improve the management of chronic disease: Examples from chronic pain.*
9. Canadian Institutes of Health Research, Ottawa, ON, January 2019: *Healthcare provider knowledge, attitudes, beliefs and practices surrounding the prescription of opioids for chronic non-cancer pain.*
10. The Ottawa Hospital, Ottawa, ON, August 2017: *Using compassionate communication as a tool for effective and efficient patient care.*
11. The Ottawa Hospital, Ottawa, ON, March 2017: *12-tips for fostering resilient residents.*
12. Calgary Chronic Pain Centre, Calgary, AB, February 2016: *Enhancing the detection and management of pain.*
13. University of Northern British Columbia's 2011 Discover Health Days, Prince George, BC, February 2011: *"The art of lie detection"*
14. University of Northern British Columbia's 2010 Discover Health Days, Prince George, BC, February 2010: *The art of lie detection"*
15. Kelly Road Secondary School, Prince George, BC, March 2008: *The HEW study: Health, Emotions and Well-Being*

REFEREED CONFERENCE PRESENTATIONS

1. Tulk, J., Tran, M., Browne, S., **Rash, J. A.** & Garland, S. N. (2022). Cost and correlates of productivity loss due to insomnia comorbid with perceived cognitive impairment in cancer survivors. Presented at IPOS/CAPO World Congress of Psycho-Oncology, Toronto, CA.
2. Bounor, S., Williamson, T., **Rash, J. A.**, Campbell, T. S., Telfer, J. & Patel, S. (June, 2022). The moderating influence of adverse childhood experiences and social support on psychological distress and weight-loss 12-months after bariatric surgery. Presented at the Canadian Psychological Association Annual Meeting, Calgary, AB.

3. Ross, K. M., Hoggan, R., Campbell, T. S., Gosselin Boucher, V., Kim, E., Lavoie, K., **Rash, J. A.**, Rouleau, C., Stewart, S. H., & Pesseau, J. (June, 2022). Collaborator Network Analysis of Health Psychology Faculty in Canada. Presented at the Canadian Psychological Association Annual Meeting, Calgary, AB.
4. Mahon, K., Harris-Lane, L., Churchill, A., Cornish, P., Burke, K., Goguen, B., Lang, R., MacPherson, B. & **Rash, J. A.** (June, 2022). Evaluating Provider Training in One-at-a-time Therapy and Stepped Care 2.0 in New Brunswick. Presented at the Canadian Psychological Association Annual Meeting, Calgary, AB.
5. King, A., Harris-Lane, L., Churchill, A., Burke, K., Cornish, P., Jaouich, A., Goguen, B., Lang, R., MacPherson, B. & **Rash, J. A.** (June, 2022). Detailing the Implementation of Stepped Mental Healthcare in New Brunswick. Presented at the Canadian Psychological Association Annual Meeting, Calgary, AB.
6. Harris-Lane, L., King, A., Churchill, A., Burke, K., Cornish, P., Jaouich, A., Goguen, B., Lang, R., MacPherson, B. & **Rash, J. A.** (June, 2022). Implementing Stepped Care 2.0 in New Brunswick: Preliminary results of a provincial change initiative. Presented at the Canadian Psychological Association Annual Meeting, Calgary, AB
7. Mekhael, A., King, A., Churchill, A., Burke, K., Cornish, P., Jaouich, A., Goguen, B., Lang, R., MacPherson, B. & **Rash, J. A.** (June, 2022). Barriers and Benefits to Implementing Stepped Mental Healthcare in New Brunswick. Presented at the Canadian Psychological Association Annual Meeting, Calgary, AB.
8. Hoggan, R., Pesseau, J., Campbell, T. S., Gosselin-Boucher, V., Kim, E., Lavoie, K. L., **Rash, J. A.**, Rouleau, C. R., Stewart, S. H., Gordon, J. L. & Ross, K. M. (June, 2022). Thematic Analysis of Health Psychology Research Expertise in Canada. Presented at the Canadian Psychological Association Annual Meeting, Calgary, AB.
9. Moran, C., Ma, P. T., McLennan, A., **Rash, J. A.** & Campbell, T. S. (June, 2022). Improving Adherence to Statins using Motivational Communication: A Proof-of-Concept Study. Presented at the Canadian Psychological Association Annual Meeting, Calgary, AB.
10. Hoggan, R., Pesseau, J., Campbell, T. S., Gosselin Boucher, V., Kim, E., Lavoie, K., **Rash, J. A.**, Rouleau, C., Stewart, S. H., & Ross, K. M. (2021). Environmental scan of health psychology faculty in Canada. Poster presentation, Alberta Children's Hospital Research Institute Summer Student Symposium, virtual conference.
11. **Rash, J. A.** (June, 2021). One path to becoming a CPA President's New Researcher. Presentation delivered at the 2021 Annual Conference for the Canadian Psychological Association.
12. Hoggan, R., Pesseau, J., Campbell, T. S., Gosselin Boucher, V., Kim, E., Lavoie, K., **Rash, J. A.**, Rouleau, C., Stewart, S. H., & Ross, K. M. (June, 2021). Environmental Scan of Health Psychology Faculty in Canada. Poster presented at the 2021 Annual Conference for the Canadian Psychological Association.

13. Fitzgerald, S., **Rash, J. A.**, Saunders, E. & Allan-Gerwing, A. (May, 2021). A systematic review of healthcare provider adoption of recommendations made by clinical practice guidelines for the management of common mental illnesses. Presented at Science Atlantic.
14. Bent, J., **Rash, J. A.** & Fawcett, J. (May, 2021) The pain intrusion questionnaire: Development and validation of a measure of intrusive thoughts and memories of painful experience. Presented at Science Atlantic.
15. Tulk, J., **Rash, J. A.**, Thoms, J., Wassersug, R., Gonzalez, B., & Garland, S. N. (October, 2020). Cognitive Impairment and Symptom Change in the First 12 Months of Treatment for Prostate Cancer. Poster presented at the 27th Annual Prostate Cancer Foundation Scientific Retreat. Virtual due to COVID-19.
16. Mahon, K, Garland, S. N., Tulk, J., **Rash, J. A.**, Seal, M., & Laing, K. (2020). One year trajectory of insomnia and comorbid symptoms in women with early stage breast cancer. Oral presentation at the meeting of the Associated Professional Sleep Societies on June 15-17, 2020 in Philadelphia, PA
17. Squires, L., Mahon, K., **Rash, J. A.**, Powell, E., Seal, M, & Garland, S. N. (2020). Impact Of Pre-treatment Sleep And Menopausal Status On Sleep Quality In The 12 Months Following A Breast Cancer Diagnosis. Poster presented at the meeting of the Associated Professional Sleep Societies on June 15-17, 2020 in Philadelphia, PA
18. Tulk, J., Garland, S. N., **Rash, J. A.**, Lester, R., & Laing, K. (2020). Does diary and actigraphy measured sleep differ between good and poor sleepers during breast cancer treatment? Poster presented at the meeting of the Associated Professional Sleep Societies on June 15-17, 2020 in Philadelphia, PA
19. Bell, L. V., & **Rash, J. A.** (2019, June). Treating depression in chronic pain: Protocol for a patient-preference trial comparing iACT, iCBT, and control. Presented at the 80th Annual Meeting for the Canadian Psychological Association, Halifax, NS.
20. Felske, J., Williamson, T. M., **Rash, J. A.**, Telfer, J. A. & Campbell, T. S. (2019, June). The influence of pre-surgical self-esteem on body image dissatisfaction and weight-loss 12-months after bariatric surgery. Presented at the 80th Annual Meeting for the Canadian Psychological Association, Halifax, NS.
21. Williamson, T. M., **Rash, J. A.**, Campbell, T. S. & Mothersill, K. (2019, June). Ethical issues in assessment and behavioural treatment of obesity in healthcare settings. Presented at the 80th Annual Meeting for the Canadian Psychological Association, Halifax, NS.
22. **Rash, J. A.** (2018, October). The Role of Vagally Mediated Heart Rate Variability in Attention Deficit Hyperactivity Disorder (ADHD). Presented at the 58th Annual Meeting for the Society for Psychophysiology Research, Quebec City, QC.
23. **Rash, J. A.**, Rashid, T. & Cornish, P. (2018, June). Assessment, monitoring and treatment planning in the context of Stepped Care 2.0. Presented at the 29th International Congress of Applied Psychology, Montreal, QC.

24. Flynn, M., Campbell, T. S., Robert, M., Nasr-Esfahani, M., Toivonen, K. & **Rash, J. A.** (2018, May). Intranasal oxytocin for the treatment of pelvic pain in women: A protocol for a randomized clinical trial. Presented at the 2nd meeting for the International Behavioural Trials Network, Montreal, QC.
25. Flynn, M., Campbell, T. S., Robert, M., Nasr-Esfahani, M. & **Rash, J. A.** (2018, May). The effect of intranasal oxytocin on pain and function among women with chronic pelvic pain: A feasibility trial. Presented at the 39th meeting for the Canadian Pain Society, Montreal, QC.
26. Williamson, T., **Rash, J. A.**, Telfer, J. A. & Campbell, T. S. (2017, April). *Emotions self-regulation moderates the association between impulse control and weight-loss 12-months after bariatric surgery*. Presented at the 5th Canadian Obesity Summit, Banff, AB.
27. **Rash, J. A.** (2016, May). *Towards rapid assessment of pain expression: Development and application of the Index of Facial Pain Expression*. Presented at the 37th meeting for the Canadian Pain Society, Vancouver, BC.
28. **Rash, J. A.**, Thomas, J. C., Campbell, T. S., Letourneau, N. L. & Giesbrecht, G. F. (2016, March). *Developmental origins of infant stress reactivity profiles: A multi-systems approach*. Presented at the 74th meeting for the American Psychosomatic Society, Denver, CO.
29. **Rash, J. A.** & Campbell, T. S. (2014, March). *Intranasal oxytocin administration lowers reports of acute pain relative to a placebo*. Presented at the 72nd meeting for the American Psychosomatic Society, San Francisco CA.
30. **Rash, J. A.**, Sajid, U., Campbell, T. S., Letourneau, N. L. & Giesbrecht, G. F. (2014, March). *Prenatal cortisol exposure and early infant respiratory sinus arrhythmia reactivity*. Presented at the 72nd meeting for the American Psychosomatic Society, San Francisco CA.
31. Thomas, J. C., **Rash, J. A.**, Sajid, U., Campbell, T. S., Letourneau, N. L. & Giesbrecht, G. F. (2014, March). *Maternal prenatal psychological distress and early infant respiratory sinus arrhythmia reactivity at rest and during stress*. Presented at the 72nd meeting for the American Psychosomatic Society, San Francisco CA.
32. **Rash, J. A.**, Prkachin, K. M., & Campbell, T. S. (2013, March). Poster entitled "When you are anxious, pain is taken more seriously" presented at the 71st meeting for the American Psychosomatic Society, Miami, FL.
33. **Rash, J. A.** & Campbell, T. S. (2012, May). Poster entitled "Oxytocin facilitates analgesia for acute pain in humans" presented at the Canadian Pain Society Annual Conference, Whistler, BC.
34. **Rash, J. A.** & Prkachin, K. M. (2011, March). Poster entitled "Respiratory sinus arrhythmia during episodes of relived sadness: The role of emotional intelligence and affect intensity" presented at the meeting for the American Psychosomatic Society, San Antonio, TX.
35. **Rash, J. A.**, Harder, G., Holyk, T., Jovel, E. & Harder, K. (2010, October). Paper presented in the symposium entitled "Indigenous youth suicide: A systematic review of the literature" at the Canadian Association for Suicide Prevention (CASP) 2010 national conference, Halifax, NS.

36. Harder, H.G., **Rash, J. A.**, Nelson, S., & Deuchert, E. (2010, April). *The State of Employment of Persons with Disabilities: A Systematic Review of the Literature*. International Forum on Disability Management: Collaborating for Success. Los Angeles, California.
37. **Rash, J. A.**, & Matsuba, K. M. (2008, November). Paper presented in the symposium entitled "How gratitude fosters well-being: Profiling the grateful heart" at the 34th Annual Conference for the Association for Moral Education, Notre Dame, IN.
38. Siakaluk, P. D., Owen, W. J., & **Rash, J. A.** (2008, June). Paper presented in the symposium entitled "The body object-interaction effect: Does response modality play an effect" at the 18th annual meeting for the Canadian Society of Brain, Behavior and Social Sciences, London, ON.
39. Wellsby, M., Selzler, A., **Rash, J. A.**, Locheed, K., Siakaluk, P. & Owen, J. W. (2008, May). Poster presented entitled "Is the body-object interaction effect attributable to the type of motor response" at the meeting for the Canadian Society for Brain, Behavior and Cognitive Sciences, Banff, AB.
40. Matsuba, M. K., **Rash, J. A.**, & Reimer, K. (2007, March). *Uniting the narrative self in semantic space*. Paper presented in the symposium entitled "Moral identity development and functioning" at the meeting of the Society of Research on Child Development, Boston, MA.
41. Locheed, K., Wilson, K., **Rash, J.**, Siakaluk, P., Owen, W., Pexman, P. & Sears, C. (2007, June). Poster presented entitled "The influence of sensorimotor information on semantic feedback and semantic processing" at the meeting for the Canadian Society for Brain, Behavior and Cognitive Sciences, Victoria, B.C.
42. **Rash, J. A.**, Owen, W. J., Siakaluk, P. D., & Borowsky, R. (2007, June). Poster presented entitled "Contextual influences on addressed and assembled phonological processes" at the meeting for the Canadian Society for Brain, Behavior and Cognitive Sciences, Victoria, B.C.

Note. Names of trainees are underlined.

CONFERENCE PRESENTATIONS - SUBMITTED

1. Bounor, S., Williamson, T. M., **Rash, J. A.**, Patel, S., Telfer, J.A. & Campbell, T. S. The moderating influence of adverse childhood experiences and social support on psychological distress and weight-loss 12-months after bariatric surgery. *Canadian Psychological Association, 2022*.
2. Harris-Lane, L. M., King, A. C., Churchill, A., Burke, K., Cornish, P., Jaouich, A., Lang, R., Goguen, B., MacPherson, B. & **Rash, J. A.** (Under Review). Implementing Stepped Care 2.0 in New Brunswick: Preliminary results of a provincial change initiative. *Canadian Psychological Association, 2022*.

3. King, A. C., Harris-Lane, L. M., Churchill, A., Burke, K., Cornish, P., Jaouich, A., Lang, R., Goguen, B., MacPherson, B. & **Rash, J. A.** (Under Review). Detailing the Implementation of Stepped Mental Healthcare in New Brunswick. *Canadian Psychological Association, 2022.*
4. Mahon, K., Harris-Lane, L., Churchill, A., Burke, K., Cornish, P., Jaouich, A., Lang, R., Goguen, B., MacPherson, B. & **Rash, J. A.** (Under Review). Evaluating Provider Training in One-at-a-time Therapy and Stepped Care 2.0 in New Brunswick. *Canadian Psychological Association, 2022.*
5. Mekhael, A. A., King, A. C., Churchill, A., Burke, K., Cornish, P., Jaouich, A., Lang, R., Goguen, B., MacPherson, B. & **Rash, J. A.** (Under Review). Evaluating Provider Training in One-at-a-time Therapy and Stepped Care 2.0 in New Brunswick. *Canadian Psychological Association, 2022.*

Note. Names of trainees are underlined

NON-REFEREED CONFERENCE PRESENTATIONS

- Rash, J. A.**, Matsuba, K. (2009, April) *The relationship between perceived and objective health.* Paper presented at Psyc-Out, Prince George, B.C.
- Rash, J. A.**, Matsuba, K. & Prkachin, K. (2008, April) *The HEW study: Health, emotions and well-being.* Paper presented at Psyc-Out, Prince George, BC.
- Rash, J. A.** & Matsuba, K. (2007, March) *Physical determinants of health.* Poster presented at Psyc-Out, Prince George, BC.

PROFESSIONAL WORKSHOPS DELIVERED

1. *Principles of chronic pain management: Pragmatic approaches to incorporate chronic pain management within clinical practice.* Eastern Health, St. John's, NL, (February, 2020)
2. "Cardiovascular Psychophysiology: Focus on heart rate variability – Theory, applications, guidelines and recommendations." Global Health Institute, Duke University, Durham, NC (August 5 & 6, 2019).

TRAINING MANUALS

Prkachin, K. & **Rash, J. A.** (2013). The Index of Facial Pain Expression (IFPE) Manual.

SUPERVISED PRACTICE

October 2017 – **Memorial University of Newfoundland Student Wellness & Counselling**
 October 2018 **Centre** (Hours: 2 days/week)
Supervisors: Dr's Peter Cornish, Jacqueline Carter-Major, Sheila Garland,
 Nick Harris

CLINICAL RESIDENCY

September 2016 - August 2017 **The Ottawa Hospital Residency in Clinical Psychology**
Health Psychology - Rehabilitation Track (Hours: 1,667)
Supervisors: Monique Lefebvre, Josie Marino, Patricia Poulin, Kerri Ritchie, Heather Tulloch
Rotations: The Heart Institute, Psychology Consultation Services for Inpatients (PCSI), Outpatient Mental Health at The Rehabilitation Centre, Musculoskeletal Rehabilitation, Respiratory Rehabilitation

CLINICAL PRACTICUM EXPERIENCE

September 2014 - June 2015 - Psyc 762 Specialty Practicum Placement (Hours: 409)

Calgary Chronic Pain Centre, Richmond Road Diagnostic and Treatment Centre

Supervisors: Dr. Colleen Miller and Dr. Diane Fox

- Gained proficiency in case conceptualization, psychology pain assessment, and individual and group treatment of chronic pain and comorbid medical and mental health concerns.
- Client presenting problems included persistent pelvic pain and persistent neuromusculoskeletal (NMSK) pain, comorbid with depression, anxiety, insomnia, and pain catastrophizing.
- Intervention strategies included cognitive behavioral therapy (CBT), pain coping skills development, motivational techniques, and mindfulness and acceptance-based strategies.

September 2013 - June 2014 - Psyc 760 Specialty Practicum Placement (Hours: 560.5)

Calgary Adult Bariatric Surgery Specialty Clinic

Supervisor: Dr. Jo Ann Telfer

- Conduct pre-surgical psychological assessments, and provided psychoeducation classes and provide brief psychotherapy for adults referred by their family physicians.
- Client presenting problems included anxiety, depression, attention deficit hyperactivity disorder (ADHD), clinically relevant stress, insomnia, food insecurities, mindless eating, emotional eating, binge eating, anorexia nervosa, and bariatric surgery candidates. Many of these clients also present with brain injury or cognitive impairment.
- Intervention strategies included cognitive behavioral therapy (CBT), motivational techniques, mindfulness and acceptance-based strategies, and goal setting.
- In terms of program development, a novel line of research investigating pre-surgical psychosocial predictors of outcomes following bariatric surgery.

September 2012 - April 2013 - Psyc 765 Practicum in Clinical Psychology (Hours: 154)

Cardiac Wellness Institute of Calgary

Supervisor: Dr. Tavis S. Campbell

- Developed, implemented, and evaluated a stress management class that focused on heart healthy behaviour change and goal setting among adult cardiac wellness patients.
- Clients were predominantly older adults with heart conditions, including myocardial infarction, angina, congenital heart deficits and valve disease. Clients commonly presented with medical comorbidities such as obesity, hypertension, diabetes, and dyslipidemia. Common psychological/behavioural issues included depressed and anxious mood, adjustment difficulties, pain, sleep disorders (e.g., insomnia, sleep apnea), eating pathology (e.g., binge eating), and difficulties managing the complex lifestyle changes required as part of participation in the

cardiac rehabilitation program (e.g., dietary changes, adherence to an exercise program, management of multiple medications).

- Intervention strategies included cognitive behavioural strategies such as cognitive restructuring, contingency management, sleep hygiene, and goal setting. Elements of stress management, including relaxation, identification and management of stressors, and problem solving were also included.

May 2012 - August 2012 - Psyc 660 Specialty Practicum Placement (Hours: 227.5)

Mandel and Associates LTD: Clinical and Rehabilitation Assessment Specialists

Supervisor: Dr. Allan Mandel

- Conducted clinical interviews, administered and scored core assessment measures, formulated clinical presentations, and wrote reports for adults referred for medical-legal, vocational and rehabilitation assessments.
- Client presenting problems included drug addiction, antisocial personality disorder, personality disorder not otherwise specified, chronic pain, possible dementia, depression, anxiety, learning disabilities, mental retardation, brain injury, and ADHD.
- Assessment instruments administered included Wide Range Achievement Test; Wechsler Adult Intelligence Scale; General Aptitude Test Battery; Test of Memory Malingering; Word Memory Test; Memory for Fifteen Item Test; Montreal Cognitive Assessment; Canadian Occupation Interest Inventory; Career Assessment Inventory; Oswestry Index; Symptom Trait Scale; Symptom Impact Scale; Personal Capacities Questionnaire; MMPI-2; PAI; SCL-90; MCMI-III; 16PF; BDI-II; STAI; Bar-on EQ-I; Integrated Visual and Auditory Continuous Performance Task; RAVEN; Wiesen Test of Mechanical Aptitude; Reading Free Vocational Interest Inventory; Job Descriptive Index; Trails A & B; Adaptive Behaviour Assessment System; Test of Premorbid Function

January 2012 - April 2012 - Psyc 681 Adult Psychotherapy Practicum (Hours: 56.5)

University of Calgary

Supervisor: Dr. Tavis Campbell

- Provided individual treatment for specific phobia
- Intervention was based on cognitive behaviour therapy and included exposure and response prevention.
- Responsibilities included assessment, development of case formulation, treatment planning, treatment provision, and progress evaluation.

September 2011 - December 2011 - Psyc 671 Adult Assessment Practicum (Hours: 27)

Seniors' Health Clinic, Rockyview Hospital

Supervisor: Dr. Patricia Jean

- Conducted a clinical interview; administered the Wechsler Adult Intelligence Scale - IV and the Personality Assessment Inventory to a geriatric client presenting with cognitive complaints; scored and interpreted test results; provided a written report.

Reviewer	Biological Psychiatry, Biological Psychology, Developmental Psychology; Developmental Psychobiology; Health Psychology Reviews, Journal of Positive Psychology, Journal of Behavioral Medicine; Neuropharmacology; PeerJ, Psychophysiology, Scandinavian Journal of Psychology, Scientific Reports - Nature
Reviewer	Canadian Psychological Association (CPA) Health Psychology Section: 2013 annual meeting abstracts.
Reviewer	American Psychosomatic Society (APS): 2014, 2015, 2016 annual meeting abstracts.
Reviewer	Canadian Institutes of Health Research (CIHR): “ <i>Mental Health and Substance Use Responses to COVID-19.</i> ” 2020.

SERVICE TO THE UNIVERSITY

Committee Involvement:

2019 - Present	Departmental Search Committee Member, Department of Psychology Memorial University of Newfoundland
2017 - Present	Awards adjudication Committee, Department of Psychology Memorial University of Newfoundland
2017 - Present	Inter-Professional Education Development Committee – Centre for Collaborative Health Professional Education
2017 – Present	PsyD Admissions Committee Member
2017 - Present	PsyD Comprehensive Examination Committee Member
2017 - Present	Editor – PsyD Newsletter

Senior Laboratory Instructor:

Senior laboratory instructor (SLI) for the Psychology Department at the University of Northern British Columbia (January 2011 – May 2011).

Responsibilities Included: Teaching the laboratory components for “Psyc 316: Design and Analysis of Psychology Research II” and “Psyc 605: Quantitative Methods II”. Administrative assistant for the psychology research participation pool “Sona-Systems”. Construction and maintenance of the psychology departmental website.

Courses Taught:

Practicum in Advanced Assessment and Intervention - II (*Psyc 7034*) – Fall 2022
 Practicum in Advanced Assessment and Intervention - I (*Psyc 7033*) – Fall 2019, Fall 2020, Fall 2021
 Practicum in Assessment and Intervention - II (*Psyc 7031*) – Winter 2018
 Practicum in Assessment and Intervention – I (*Psyc 7030*) – Fall 2018, Winter 2022
 Principles of Intervention with Adults (*Psyc 6630*) – Winter 2021
 Research Design in Clinical Psychology (*Psyc 6602*) – Winter 2017, Winter 2018, Fall 2019, Fall 2020
 Special Topics in Health Psychology (*Psyc 6120*) – Winter – 2019 (Team taught)
 Selected Topics in Abnormal Behaviour (*Psyc 4650*) – Winter 2020, Winter 2021 (Team taught)
 Psychophysiology in Health Research (*Psyc 430*) – Fall 2014; Fall 2015

Teacher’s Assistant:

Courses for which teaching assistance has been offered (September 2008 – Fall 2016):

Introductory Psychology-2 (<i>Psyc 102</i>)	Research Design and Methodology (<i>Psyc 215</i>)
Abnormal Psychology (<i>Psyc 303</i>)	Motivation and Emotion (<i>Psyc 307</i>)
Health Psychology (<i>Psyc 309</i>)	Design and Analysis of Psychological Research (<i>Psyc 315</i>)
Biopsychology (<i>Psyc 317</i>)	Sensation and Perception (<i>Psyc 318</i>)
Neuropsychology (<i>Psyc 419</i>)	Psychophysics (<i>Psyc 445</i>)
Psychophysiology (<i>Psyc 427</i>)	Senior Seminar (<i>Psyc 497</i>)
Psychological Assessment of Adults (<i>Psyc 671</i>)	Emotions, stress, and illness (<i>Psyc 430</i>)

TRAINING OF HIGHLY QUALIFIED PERSONNEL

Years	Name	Program	Project Title	Institution	Current Position
<i>Undergraduate Students</i>					
Sept 2021 - Present	Alesha King	BSc (Honours)	Evaluating mental healthcare provider training in stepped mental healthcare and one-at-a-time therapy: A qualitative study	Memorial University	Memorial University MSc Experimental Psychology
Sept 2020 – May 2021	Jennifer Bent	BSc (Honours)	Development and validation of the Pain Intrusion Questionnaire	Memorial University	Memorial University Public Health graduate student.
Sept 2021 – May 2021	Hannah Kenny	BSc (Honours)	Sex Differences in Corticospinal Excitability of among Persons with Multiple Sclerosis	Memorial University	Program graduate
Jan 2020- May 2021	Fitzgerald, Sarah	Independent studies; BSc (Honours)	Healthcare provider adherence to practice guidelines for common mental health conditions	Memorial University	Program graduate.
Sept 2019- Aug 2020	Rideout, Rebecca	BSc (Honours)	Internet therapies for depression in chronic pain.	Memorial University	Program graduate.
Jan 2019- May 2020	Abbott, Sarah	Independent studies; BSc (Honours)	Pre-surgical predictors of outcomes following bariatric surgery.	Memorial University	University of Alberta MPH in Global Public Health

Years	Name	Program	Project Title	Institution	Current Position
Jan 2018- Apr 2019	Chen, Alice	Independent studies; BSc (Honours) Co-supervised	RCT of mindfulness based stress reduction on biomarkers in chronic pain and cancer	Memorial University	Memorial University Medical Student.
Jan 2018- Apr 2019	Walters, Lucas	BSc (Honours)	Fetal programming of child behavior problems	Memorial University	University of Ottawa Clinical Psychology PhD Student.
Sept 2017 – Apr 2019	Flood, Brittany	BSc (Honours)	Adverse childhood experiences and pain	Memorial University	MACP Yorkville U
<i>Research Assistants and Summer Students</i>					
Fall 2021; Winter 2022	Cailyn Fridgen	Memorial Undergraduate Career Experience Program	Digitizing Stepped Mental Healthcare	Memorial University	Concordia University
Summer 2020	Karissa Horne	Memorial Undergraduate Career Experience Program	Presurgical predictors of outcomes following bariatric surgery	Memorial University	U Lethbridge Master of Counseling
Summer 2019	Garland, Josh	NL Support NUTRA funded Co-op student	Internet therapies for depression in chronic pain.	Memorial University	
Summer 2018	Croucher, Julie	Memorial Undergraduate Career Experience Program	Adverse Experiences and pain.	Memorial University	BSc Hon
Summer 2018	Bell, Louise	CIHR funded Research Assistant	E-mental health treatment for depression among those with chronic pain	Memorial University	MSc

Years	Name	Program	Project Title	Institution	Current Position
Summer 2018	Garcia, David	CIHR funded Research Assistant	Opioid Crisis Knowledge Synthesis	Memorial University	MUN Clinical Epidemiology MSc
Summer 2018	Asamoah-Boaheng, Michael	CIHR funded Research Assistant	Opioid Crisis Knowledge Synthesis	Memorial University	MUN Clinical Epidemiology PhD
Summer 2018	Badejo, Oluwatosin	CIHR funded Research Assistant	Opioid Crisis Knowledge Synthesis	Memorial University	MUN Clinical Epidemiology PhD
Summer 2018	Hossain, Mohammad	CIHR funded Research Assistant	Opioid Crisis Knowledge Synthesis	Memorial University	MUN Clinical Epidemiology PhD
<u>Graduate Students</u>					
2021-Present	Julie Dwyer	PhD	TBD	Memorial University	
2021-Present	Laura O'Keefe	MSc	TBD	Memorial University	
2020-Present	Kaitlyn Mahon	PsyD	Digitizing Stepped mental healthcare.	Memorial University	
2020- 2022	Anastasia Mekhael	MSc	Effect of intranasal oxytocin on chronic pain: A pan-Canada multi-site trial.	Memorial University	
2019-Present	Elizabeth Wallack	PsyD	E-mental health treatment for depression among those with chronic pain	Memorial University	
2018- 2020	Louise Bell	MSc	Identification of empirically supported barriers and facilitators to prescribing opioids for chronic pain.	Memorial University	University of New Brunswick, Clinical Psychology

Years	Name	Program	Project Title	Institution	Current Position
2018- Present	Sam Surrency	PsyD	Pre-surgical predictors of outcomes following bariatric surgery.	Memorial University	
2018- Present	Emily Saunders	PsyD (Co-Supervisor)	Characterizing motherhood in Newfoundland	Memorial University	
2018- 2021	Vanessa Strong	PsyD	RCT of mindfulness-based stress reduction on biomarkers in chronic pain and cancer	Memorial University	Clinical Psychologist, Saskatoon Forensics program.
2015-Present	Williamson, Tamara	Research Mentor during MSc/PhD	Effect of ADHD and emotions self-regulation on outcomes after bariatric surgery	University of Calgary	PhD Clinical Psychology
2016-Present	Flynn, Michelle	Research Mentor during MSc/PhD	RCT of the effect of intranasal oxytocin on chronic pelvic pain	University of Calgary	PhD Clinical Psychology

MEDIA COVERAGE

1. PainTalk. 2022. Podcast – *Episode 73: Dr. Josh Rash*
<https://paintalk.ca/podcast/episode-73-dr-josh-rash/>
2. Pain BC. 2020. Podcast – *The connections between pain and sleep.*
<https://www.spreaker.com/user/painwaves/connections-between-pain-sleep>
3. Memorial University of Newfoundland Gazette. 2020. *Meant to evolve: Online mental health platform with Memorial roots goes Canada-wide.*
<https://educationnewscanada.com/article/education/level/university/1/833214/-meant-to-evolve-online-mental-health-platform-with-memorial-roots-goes-canada-wide.html>
4. Memorial University of Newfoundland Gazette. 2020. *Urgent insight: More than \$1.8-million investment for Alzheimer’s disease, brain repair, and chronic pain research.*
<https://gazette.mun.ca/research/urgent-insight/>
5. Memorial University of Newfoundland Gazette. 2018. *Clinical inertia: Researcher part of ‘dream team’ investigating opioid prescribing.* <https://gazette.mun.ca/research/clinical-inertia/>

SERVICE TO THE COMMUNITY

External Committees

2022-Present	Pain Canada	National Advisory Committee Member
2021-Present	Centre for Effective Practice – Adaptive Mentorship Network	National Advisory Committee Member
2020-Present	Canadian Psychological Association – Health Psychology & Behavioural Medicine Section	Treasurer / Secretary
2019-Present	Atlantic Mentorship Network – Pain & Addictions	Advisory Committee Member
2019-Present	Newfoundland and Labrador Provincial Chronic Pain Working Group	Advisory Committee Member
2018-2021	Salvation Army New Hope Community Health Centre.	Member of Planning Committee

Tri-Council Peer-Review

2022	Canadian Institutes of Health Research: Operating Grant: Clinical Trials Projects	Peer Review Member
2021	Canadian Institutes of Health Research: Operating Grant: Emerging COVID-19 Research Gaps and Priorities – Indigenous Health Research.	Peer Review Member

2021	Canadian Institutes of Health Research: Operating Grant: Emerging COVID-19 Research Gaps and Priorities – Post COVID- 19 condition.	Peer Review Member
2020	Canadian Institutes of Health Research: COVID-19 Mental Health & Substance Use Service Needs and Delivery	Peer Review Member
2020	Canadian Institutes of Health Research: Mental Health and Substance Use Responses to COVID-19	Peer Review Member

Public web review for Hypertension Canada (Winter 2013)

OTHER SERVICES

Undergraduate representative for the department of psychology (2007-2008)

Administer tutorials and invigilate exams for Introductory Psychology – I (Psyc 101) in Fall 2006.

Administer tutorials for Statistics – I (Psyc 315) in Fall 2006

MEMBERSHIPS HELD

APS	American Psychosomatic Society
CPA	Canadian Psychological Association
CPS	Canadian Pain Society
IASP	International Association for the Study of Pain